

Louis B. Cady, M.D.
CEO, Founder - Cady Wellness Institute
Child, Adolescent, Adult and Forensic Psychiatry
Age Management Medicine



Curriculum Vitae

EDUCATION

Spring 2003	Cenegics Medical Institute <i>Training in Age Management Medicine</i>	Las Vegas, Nevada
1989 - 1993	The Mayo Clinic <i>Internship and psychiatric residency</i>	Rochester, Minnesota
1984 - 1989	University of Texas Medical Branch <i>Doctor of Medicine, 1989</i>	Galveston, Texas
1983 - 1984	University of North Texas <i>Pre-medical studies</i>	Denton, Texas
1975 - 1979	University of Missouri at Kansas City <i>Master of Music, 1979, with highest honors</i> <i>Bachelor of Music, 1977, with honors</i>	Kansas City, Missouri
1973 - 1975	North Texas State University <i>undergraduate music studies</i>	Denton, Texas

PROFESSIONAL EXPERIENCE

- 2005** - founded The Cady Wellness Institute - a freestanding medical & psychiatric institute focusing on integrating mind and body for peak performance. Designed, built, and moved into new facility July 1, 2005, at the present address.
- Authored two book chapters - on medications for ADHD, and on transformational leadership
 - Returned to local lectureship in Evansville by developing and presenting The Road to Wellness Lecture Series
 - Continued speaking for Forest and Shire; lecture at IU Dept. Of Psychiaat to PGY-1's on psychotherapy
 - Named to national speaking faculty by **sanofi~aventis, Takeda Pharmaceutical**
- 2003** - **present:** incorporation of age management medicine in professional practice; establishment of a multidisciplinary group with therapists and other health care professionals for the holistic and integrated care of the patient
- Training in Age Management Medicine - Cenegics Medical Institute, Las Vegas
 - Selected as Chairman of the Advisory Board for the Neuroscience Education Institute, Carlsbad, CA for Stephen Stahl, MD, Ph.D.

- 1998 - present:** Independent, solo practice of outpatient child, adolescent, adult and forensic psychiatry
- Courtesy hospital affiliation with Deaconess Hospital and Saint Mary's Hospital
 - Independent forensic psychiatric consultations in the Tri-State area
 - National speaker for Forest Pharmaceuticals and Shire, Inc.
 - Local and regional presentations for Pfizer and Wyeth-Ayerst
 - Coordinated, developed, fund raised, and presented three lectures at the Fourth Annual ADHD Lecture Series at Deaconess Hospital, Evansville, Indiana
 - Continued teaching appointments:
 - Adjunct Professor, University of Southern Indiana School of Nursing & Allied Health Professions
 Adjunct Clinical Lecturer in Psychiatry, Indiana University School of Medicine, Department of Psychiatry

PROFESSIONAL EXPERIENCE, continued

1993 - 1998: Practice of child, adolescent, and adult psychiatry associated with:
The Mulberry Center of Welborn Baptist Hospital, Evansville, Indiana

- Medical Director - Eating Disorders Program, Mulberry Center (1995 - 1998)
- Medical Director - The Sleep Diagnostic Center of Indiana (1993 - 1995)
- Active Medical Staff, Welborn Baptist Hospital (1993 - 1998)
- Courtesy Staff, Deaconess Hospital (1995 - ongoing)
- Developed the first website in the Tri-State area devoted to psychiatry and functional medicine; designed it and was the original webmaster of the MASTERMIND web site (www.mastermind1.com)
- Developed and coordinated the annual Mulberry Center Institute Lecture Series on Attention Deficit Disorder and delivered three lectures each year (1994, 1995, 1997)
- Recorded the informational video, "Electroconvulsive Therapy: The History, The Process and Informed Consent" which was used to educate patients at Mulberry Center prior to receiving ECT therapy
- Quality reviewer, Department of Psychiatry, Welborn Baptist Hospital (1997 - 1998)
- Named to national speaking faculties of Bristol-Myers Squibb, Pfizer, and Wyeth-Ayerst
- **ACADEMIC APPOINTMENTS:**
Adjunct Professor, University of Southern Indiana School of Nursing & Allied Health Professions (1995 - present)
Adjunct Clinical Lecturer in Psychiatry, Indiana University School of Medicine, Department of Psychiatry (1995 - present)

1992 - 1993 (concomitant with residency)

Locum tenens work: Hiawatha Valley Mental Health Center - Winona and Caledonia, MN

1991 - 1993 (concomitant with residency)

Locum tenens - Consulting Staff - Sioux Valley Hospital, New Ulm, Minnesota.

LICENSES, CERTIFICATIONS

Cenegenes Medical Institute - Certificate of Completion of Age Management Medicine training (May, 2003)

Diplomate: American Board of Forensic Medicine (1999)

Diplomate in General Adult Psychiatry by the American Board of Psychiatry and Neurology {certificate #42316}, April 1996

Indiana - State License #0104158

SPEAKING AND PUBLICATIONS

- “Medications for the Treatment of ADHD” - in **The ADHD Parenting Handbook: Tools for Parents, by Parents**, by Colleen Alexander-Roberts, Taylor Books, (fall 2006)
- “Tools of Transformation” - published in **Transformational Leadership**, 2005
- “Without Your Head, You’re Dead” - published in **Work Smarter - Not Harder**, 2004
- “Customer Focus: How One Doctor Challenged a Changing System and Won” – published in **Thriving in the Midst of Change**, 2002

Monthly Columnist - **“Shrink-Rapped”** in the *Tri-State Journal* (October 2000 - April 2002)

Major contributing author: **THINK FAST: The ADD Experience** (Underwood Books, 1996 [Bowman & Hartman, editors])

Speaking, consulting and/or research support from:

Bristol-Myers Squibb
Celltech
Cephalon
Eli Lilly
Forest
Glaxo-Smith Kline

Janssen
JDS Pharmaceutical
McNeil
Novartis
Pfizer

sanofi~aventis
Searle
Shire, Inc.
Takeda
Wyeth-Ayerst

SPEAKING AND PUBLICATIONS , continued

1993 - present, in Evansville and nationally: numerous lectures, presentations, and public media interviews on the following topics:

MEDICAL ISSUES

Drug Interactions
Eating Disorders, Family Violence
Sleep Disorders
PMS, ADD, and Mood Disorders in Women
ADHD/ADD (Attention Deficit Hyperactivity Disorder)
Teen Issues (suicide, drugs, violence)
(full listing available upon request)

PUBLIC PRESENTATIONS

Transformational Leadership
“The Brain Cloud: What it Is, and How to Get Rid of It.”
“You, Your Brain, and Your Bod”

PROFESSIONAL MEMBERSHIPS

- American Academy of Anti-Aging Medicine (2004 -)
- American Academy of Psychiatry and the Law (1997 -)
- American College of Physician Executives (1995 -)
- American Medical Association (1984 - 95; 1996 - 98)
- American Academy of Psychoanalysis [Psychiatric Associate], (1993 -)
- American Sleep Disorders Association (1993 - 96)
- Association of American Physicians and Surgeons (1996 -)
- Association for Convulsive Therapy (1993 -1998)
- Indiana State Medical Association (1994 -)
- National Speakers Association, Professional Member (1994 -)
- Vanderburgh County Medical Society (1994 -)
- The Doctors Mayo Society, Mayo Clinic (2003 -)

COMMUNITY ACTIVITIES

- Member, Evansville Rotary Club (1993 -)
- Chairman, Membership Committee - The Petroleum Club of Evansville (1995 - 97)
- Member, Board of Governors - The Petroleum Club of Evansville (2001- 2006)
- Member, Board of Directors, University of Evansville Theater Society (2001 - 2002)
- Member, Friends of the Department of Music Board, University of Evansville, 2003 - 2004)

Numerous mental health care outreach presentations to the community and work with local media

AWARDS RECEIVED

Academic:

- Selected as a University Scholar, University of Missouri at Kansas City, 1976 - 1977
- Elected to Phi Kappa Phi, University of Missouri at Kansas City, 1977
- Elected to Phi Eta Sigma, North Texas State University, 1974

Listed in:

- Outstanding Young Men of America: 1983, 1986, 1987, 1988, 1989, 1992 editions
- Community Leaders of America, 14th edition
- Five Thousand Personalities of the World, 1989 edition
- International Book of Honor, 1989 edition
- International Who's Who of Professionals
- Who's Who in Professional Speaking (yearly editions since 1995)

PREVIOUS PROFESSIONAL CAREER

- Organist, First Baptist Church, Galveston, TX (1984 - 1987)
- Howard Payne University, School of Music. (1980 - 1983)
 - Assistant Professor of Music
 - Artist-in-residence in piano
- Graduate Music Teaching Assistantship, University of Missouri Kansas City (1977 - 1979)
- Numerous solo recitals, guest artist appearances: (1975 - 1983)
- Concerto engagements as piano soloist with:
 - The North Texas State University Orchestra, Anshel Brusilow, conductor
 - The Kansas City Philharmonic
 - The University of Missouri Conservatory of Music Symphony Orchestra
 - The Cincinnati Pops Orchestra
 - The St. Joseph, Missouri symphony orchestra
 - The Pueblo Symphony Orchestra (as the Naftzger Young Artist Award Winner)

HOBBIES, INTERESTS

- Chess, photography, personal fitness, reading
- Piano performance
- Macintosh computers
- Technology and information systems for maximizing health care